


*Georgia Tech
Men's Basketball
Program*

Motion Offense



Motion Offense

7 Things You Can Do After You Pass The Ball

- A. Pass and Stand Still**
- B. Pass and Screen For Ball**
- C. Pass and Go Behind**
 - ✘ We do not do A,  or C**
- A. Pass and Basket Cut**
- A. Pass and Inside Cut**
- A. Pass and Screen Away**
- B. Pass and Replace Yourself**



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Limitations we put on our Motion Offense in Practice

- A. The ball must enter the post before we can shoot.
- B. The Ball must be reversed 2 Times before we can shoot.
- C. We must make 5 passes before a shot is taken.
- D. We must set 5 solid screens before a shot is taken.
- E. Play without using a dribble.
- F. Designate 2 players who can shoot the ball.



Motion Offense

Basic Motion Rules Post Players

- A. Screening in the post is initiated by the ball side post player.
- B. Post players should hold their position for a 2 count then go screen.
- C. Post players must backscreen for perimeter players.
- D. When the ball is entered into the high post, the low post must duck in hard.
- E. We allow our post players to set ball screens in our motion offense.



Motion Offense

Basic Motion Rules Perimeter Players

- A. You Must Maintain 15 – 18 feet spacing at all times
- B. If there is a man below you go screen for him.
(Screen with your back to the ball)

If you are in the post and there is a man outside of you go backscreen for him.
(Screen with your back to the Basket)
- C. Do not cut into an occupied post
- D. Use your dribble for the following reasons:
 - a) Drive to the Basket
 - b) Improve your passing angle
 - c) To get out of trouble
 - d) To reverse the ball if passing lanes overplayed



Motion Offense

Advantages of a Motion Offense

- Teaches players how to play the game.
- Reading screens and moving without the ball.
- Difficult to scout and defend. game.
- Good ball reversal will create driving opportunities because of poor defensive closeouts.

Disadvantages of a Motion Offense

- Coach loses some control of offense, who shoots and when he shoots.
- Offensive rebounding may suffer, because players are unsure when a shot may go up.



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